Lung Transplant Referral Criteria

Indications for Lung Transplant Referral:

- 1. Severe, irreversible, progressive lung disease
 - a. Severe COPD with chronic respiratory failure & deteriorating clinical course
 - b. Idiopathic pulmonary fibrosis , or other end-stage fibrotic lung disease
 - c. Bronchiectasis with chronic respiratory failure & deteriorating clinical course
 - d. Pulmonary arterial hypertension, NYHA class III/IV with progressive disease
 - e. Other end-stage lung disease*
- 2. Symptomatic, poor quality-of-life and oxygen-dependent.
- 3. Limited life expectancy High risk of death from lung disease in the next 2-3 years.
- 4. Age: <65 years old
- 5. Satisfactory motivation, psychosocial profile and support system.

Contraindications for Lung Transplant referral

- 1. Active smokers
- 2. Cancer
- 3. Non-compliance to medical treatment or pulmonary rehabilitation
- 4. Other significant medical condition or organ dysfunction (cardiac, renal, liver, brain)*
- 5. Extreme debilitation*

(*transplant physicians will assess on a case-by-case basis.)

How do I refer?

- 1. Please call Lung Transplant Coordinator (HP 81230263) who will arrange for an appointment at our Lung Transplant Clinic at National Heart Centre.
- 2. Or you may email or message the following transplant physicians if you have any questions or if you wish to discuss a potential referral.
 - a. <u>Phua.ghee.chee@singhealth.com.sg</u>
 - b. <u>Sewa.duu.wen@singhealth.com.stg</u>
 - c. gin_tsen_chai@ttsh.com.sg