

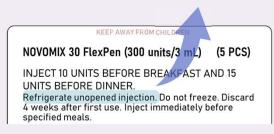
Most medication can be stored at ROOM TEMPERATURE

Store medication in a cool dry place away from heat and sunlight

Keep medication safely out of the reach of children



Refrigerate medication only if stated on the label



Check the EXPIRY DATE and APPEARANCE of your medication BEFORE taking it

DO NOT take medication if



You are unsure of the medication name and strength



It has expired or unknown expiry date



It has changed in appearance

MOST medication can be THROWN AWAY NORMALLY



Remove personal information (name and NRIC) on the medication labels before throwing



Some medication need to be thrown away specially by pharmacy

Examples

- Anti-cancer medication
- Antibiotics



Bring them to your nearest pharmacy for disposal





A National Pharmacy Strategy initiative go.gov.sg/nps