

National
Academy
for Social
Prescribing

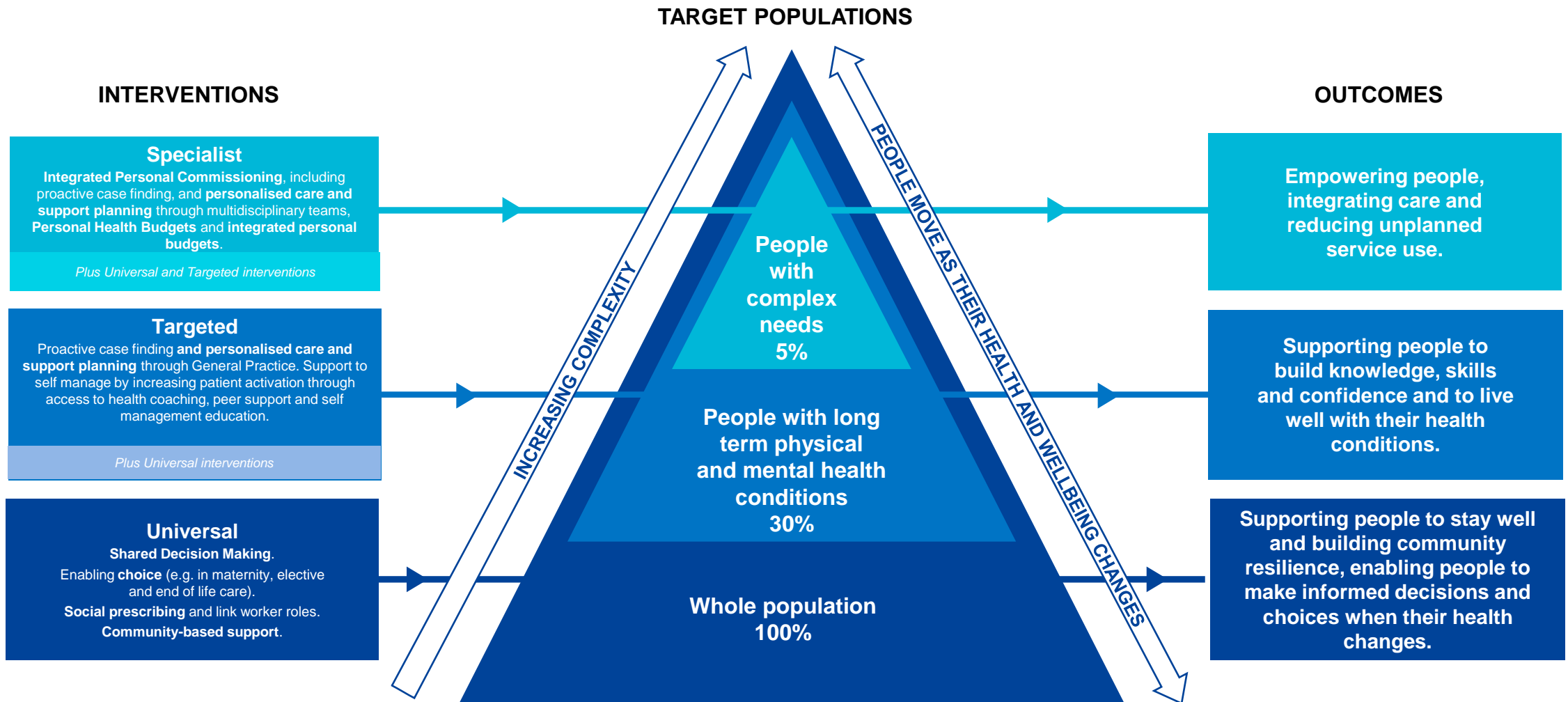
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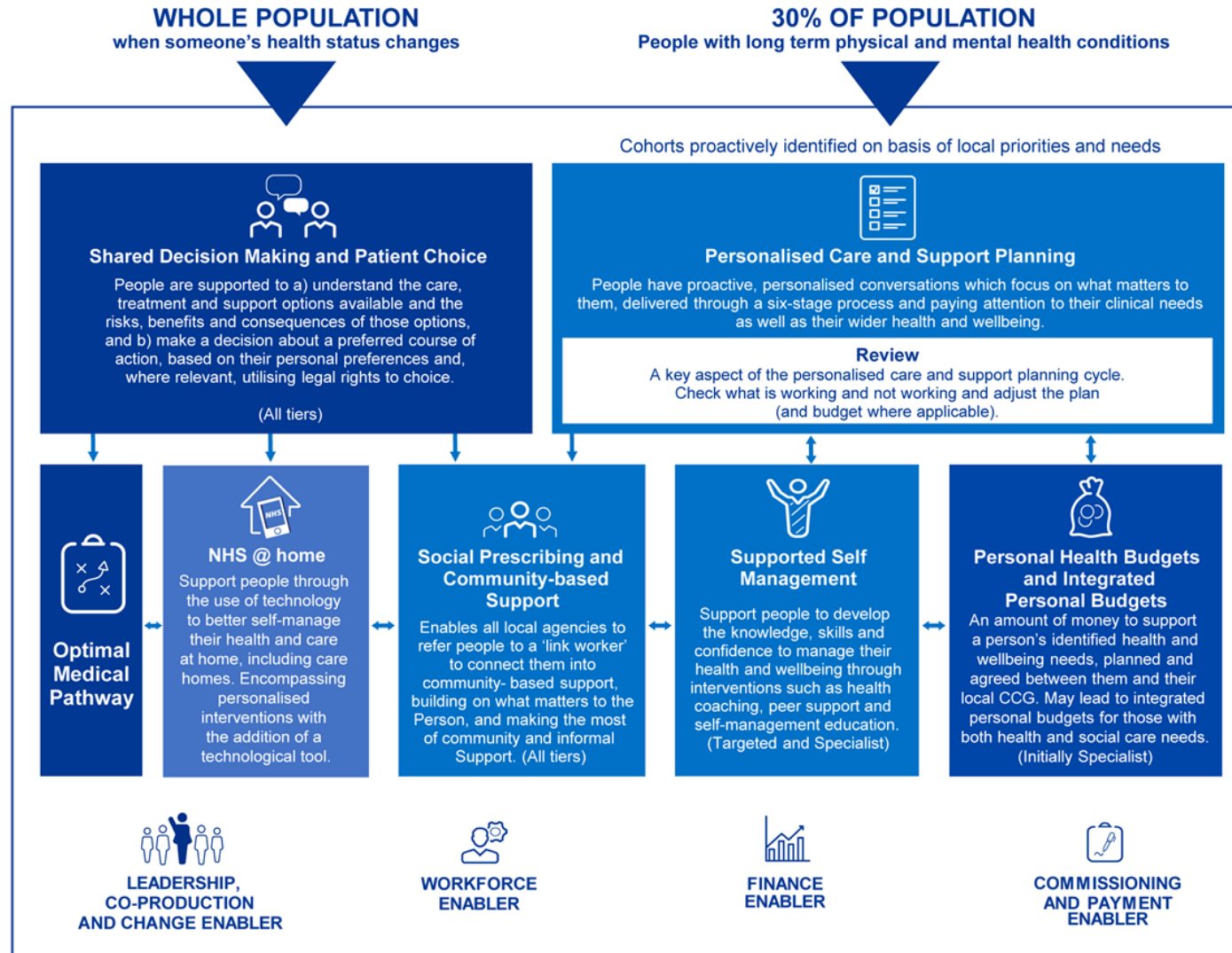
Founder and Board Member, Global Social Prescribing Alliance

Comprehensive model for personalised care

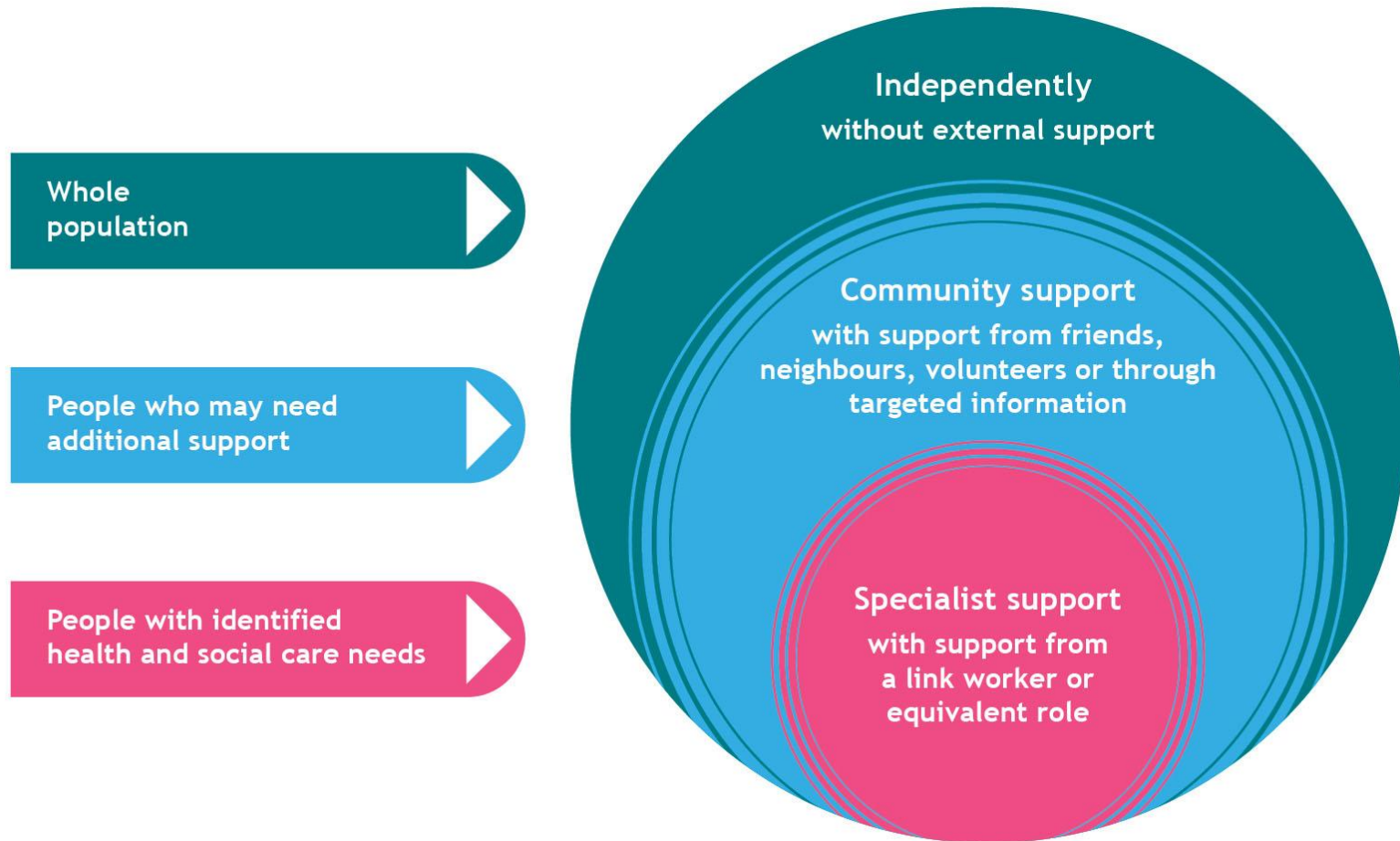


Operating Model For Personalised Care

The model illustrates how the various components work together to deliver a joined-up approach around the needs of the individual.



Social Prescribing- ecosystem





The four pillars of social prescribing

- Arts and culture
- Sport and physical exercise
- Natural environment
- Knowledge, advice and information

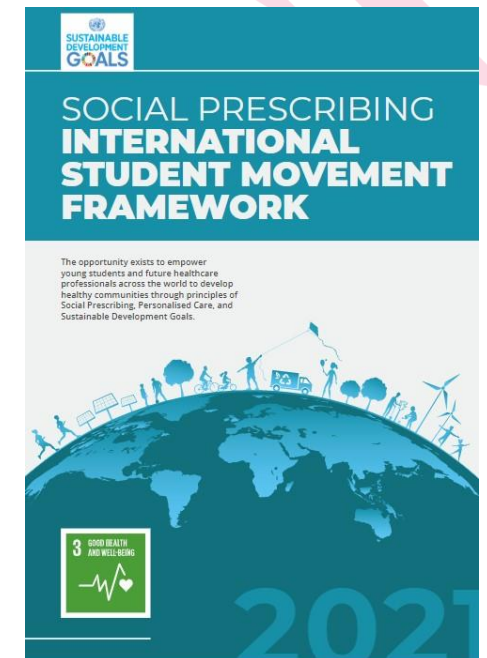
- **Total personalised care interventions – 4.67 million**
- **Of which 1.3 million are social prescribing**
- **ARRS roles recruitment:**

Date	Care Coordinators	Social Prescribing Link Workers	Health and Wellbeing Coaches
2020/21 Q4	1064	1567	250
2021/22 Q1	1612	1920	366
2021/22 Q2	1961	2155	442
2021/22 Q3	2485	2404	576
2021/22 Q4	2775	2527	699
2022/23 Q1	2813	2662	736

7 steps to develop good social prescribing



- i. Bring everyone together to build Social Prescribing locally
- ii. Community development & support for local community groups
- iii. The role of the social prescribing link worker or community connector
- iv. Create shared plans with the person
- v. Training & workforce development
- vi. Ensure clinical engagement
- vii. Measure impact



[Thriving Communities Projects Video](#)

