

James Sanderson

Director of Community Health Services, NHS England

Special Advisor, National Academy for Social Prescribing

Founder and Board Member, Global Social Prescribing Alliance

Comprehensive model for personalised care

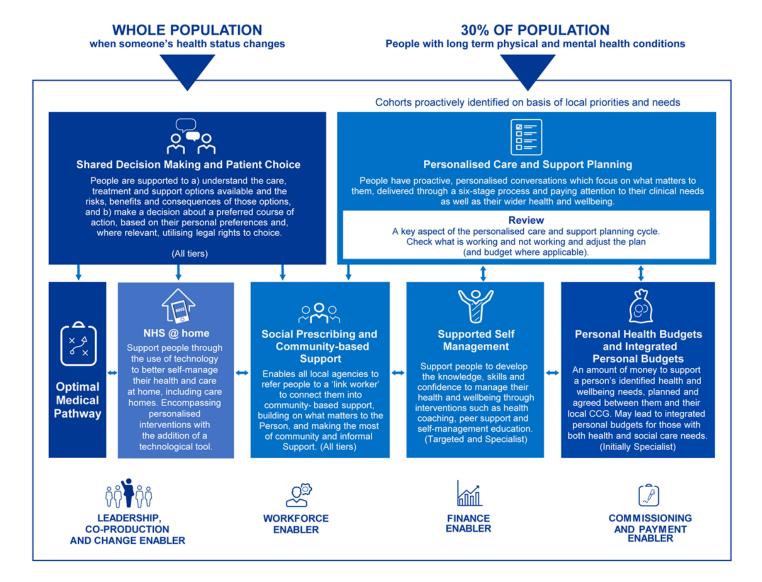


TARGET POPULATIONS **INTERVENTIONS OUTCOMES Specialist** Empowering people, Integrated Personal Commissioning, including proactive case finding, and personalised care and integrating care and support planning through multidisciplinary teams, reducing unplanned Personal Health Budgets and integrated personal **People** budgets. service use. with Plus Universal and Targeted interventions complex **Targeted** needs Supporting people to 5% Proactive case finding and personalised care and support planning through General Practice. Support to build knowledge, skills self manage by increasing patient activation through and confidence and to live access to health coaching, peer support and self **People with long** management education. well with their health term physical conditions. and mental health conditions Supporting people to stay well 30% Universal and building community **Shared Decision Making.** resilience, enabling people to Enabling choice (e.g. in maternity, elective make informed decisions and and end of life care). Whole population Social prescribing and link worker roles. choices when their health 100% Community-based support. changes.

Operating Model For Personalised Care

NHS England

The model illustrates how the various components work together to deliver a joined-up approach around the needs of the individual.





Social Prescribing- ecosystem

Whole population

People who may need additional support

People with identified health and social care needs

Independently without external support

Community support
with support from friends,
neighbours, volunteers or through
targeted information

Specialist support
with support from
a link worker or
equivalent role





- Total personalised care interventions 4.67 million
- Of which 1.3 million are social prescribing
- ARRS roles recruitment:

Date	Care Coordinators	Social Prescribing Link Workers	Health and Wellbeing Coaches
2020/21 Q4	1064	1567	250
2021/22 Q1	1612	1920	366
2021/22 Q2	1961	2155	442
2021/22 Q3	2485	2404	576
2021/22 Q4	2775	2527	699
2022/23 Q1	2813	2662	736

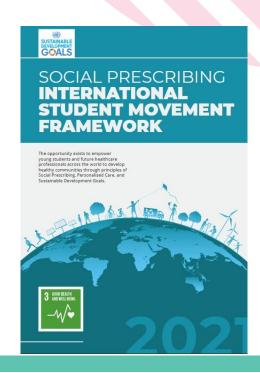






7 steps to develop good social prescribing

- Bring everyone together to build Social Prescribing locally
- ii. Community development & support for local community groups
- iii. The role of the social prescribing link worker or community connector
- iv. Create shared plans with the person
- v. Training & workforce development
- vi. Ensure clinical engagement
- vii. Measure impact



Thriving Communities Projects Video

