

Our Learning Journey in Community Asset Mapping

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(Health and Social Care Coordinator Program)

Conducted by: SingHealth and Ngee Ann Polytechnics



Community Assets....

- Collective resources: assets, gifts, talents, skills, knowledge, facilities, interest groups, culture, ...
- Develop solutions to promote social inclusion and to improve the well-being of patients.



Source : acereflections.wordpress.com

Identify Assets



Source : ABCDINACTION.ORG

Build on Strengths



Source : naturedevelopment.org

- Community Mapping
- Organize & share
- Neighborhood leverage
- Networking
- Engagement
- Communicate
- Teamwork
- Sharing

Google Search & Identify Relevant Facilities

[MRT Stations](#) • [LRT Stations](#) • [Bus Stops](#) • [Taxi Stands](#) • [Carparks](#)

LRT STATIONS near HARMONY VIEW, 415 Hougang Avenue 10 Singapore 530415

The Light Rail Transit (LRT) is the light rail component of Singapore's rail network, consisting of localised rail systems acting as feeder services to the MRT network

Displaying 1 - 6 of 6 Results

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Nearby LRT Stations

- SE5 RANGGUNG LRT STATION**
 APPROX. 1.01 KM AWAY
 30 SENGKANG EAST AVENUE SINGAPORE 545046
- SE4 KANGKAR LRT STATION**
 APPROX. 1.145 KM AWAY
 20 RIVERVALE DRIVE SINGAPORE 545052
- SW8 RENJONG LRT STATION**
 APPROX. 1.447 KM AWAY
 60 SENGKANG EAST AVENUE SINGAPORE 545049
- SE3 BAKAU LRT STATION**
 APPROX. 1.733 KM AWAY
 50 RIVERVALE DRIVE SINGAPORE 545053
- NE16/STC SENGKANG LRT STATION**
 APPROX. 1.83 KM AWAY
 5 SENGKANG SQUARE SINGAPORE 545062

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HARMONY VIEW

415 HOUGANG AVENUE 10
SINGAPORE 530415

Nearest	Route	Est. Distance
MRT STATION		
HOUGANG MRT STATION [NE14]		635 m
BUS STOPS		
ID: 64071 - OPP PUNGGOL PK		79 m
ID: 64079 - PUNGGOL PK		135 m
ID: 64429 - BLK 412		151 m
CARPARKS		
HAWKER CENTRES		
Buangkok Hawker Centre		924 m
Cl Yuan Hawker Centre		1.5 km
HEALTHCARE		
MEDIPOINT MEDICAL CENTRE (PONGGOL BRANCH)		62 m
Dedicare medical practice & surgery @ hougang		217 m
COMMUNITY CENTRES		
Punggol Park CC		286 m
Punggol CC		532 m

Attractions Amenities Healthcare Transport More



**Feel the
Ground**

Make It Happens



Ideal vs Real life

- Google search community resources
- Interview clients, caregivers and stakeholders
- Conduct community walks or field trips
- Derive Solutions
- Communicate Solutions
- Co-own Action Plan
- Continual monitoring and enhancement

Overview of the Rivervale Community

Eldercare / Senior Activity Centre

Community Clubs

Sports Centre

Church / Temples

Parks / Fitness corner

Schools / Childcare Centres

MRT / LRT / Bus / Transport

Kopitiam Square / Foodcourts / restaurants

Wet Markets

Shopping Malls / shops

Residents' Corners

General & Community Hospitals / Polyclinic / Clinics

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Macro Level

- identify the assets, buildings, facilities around Uncle / Aunty's home

Micro Level

- to find out what activities, events, programs, the organization offers

Walk the Ground

- site visit, speak to the residents, interview the organization's in-charge







Community

HARMONIOUS & RESPECT

Beyond Spiritual



A Patient's Case

- Mr Seah is an 83-year-old grandfather
- Has 3 grown up children & 2 grandchildren
- Heart conditions and is feeble
- Physiotherapy sessions helped improved his conditions

Community Assets

- St Luke's Rehab Center & Day Care Center
- Mr Seah is unable to travel there independently
- Through an on-site visit and communicating with the staff, we found out St Luke's offers home-care therapy.

Connect the Patient

- Person-centered approach
- Work in consultation with the patient who must be acceptable to the recommended activity
- Willing to connect with the community
- Shared understanding and engagement

St Lukes  ELDERCARE
圣路加乐龄关怀
SENIOR CARE CENTRE
RIVERVALE



St Lukes  ELDERCARE
圣路加乐龄关怀
DAY REHAB CENTRE
RIVERVALE

Operating Hours
Monday to Friday: 8.00 am to 5.30 pm
Closed on Saturday/Sunday/Public Holiday



Connect the Community

Connect patient to resources in their communities

Community +
Activities = Relationship

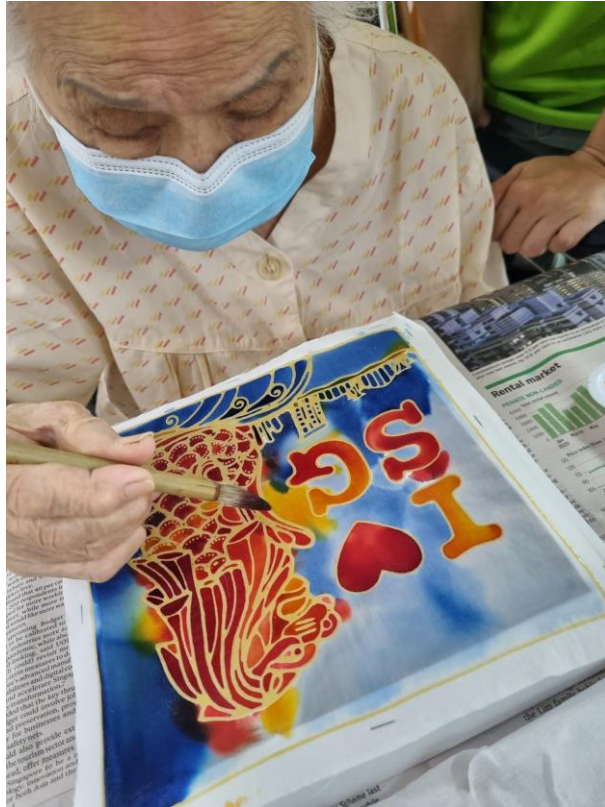
These positive resources give communities tremendous value, provide healthy development, and help grow neighborhoods from within.



Finding Out Patient's Interest



Painting



Art & Craft



Calligraphy



How Community Asset Can Further Improve Wellbeing of Patient

- *Example: the game Rummikub*
 - was introduced in the community hospital as an inpatient activity (Rummi-0)
 - many patients are very interested and always looking forward to the game

Upon Discharge

A) connect patient to his/her nearest Resident's Corner / Community Center which offers this activity



Building on Lack of Assets

B) If the community does not offer such activity:

- we could submit a proposal on the benefits of Rummi-0
- patient to lead; to teach others
- even forming teams and subsequently for competitions



Improves the Wellbeing of Patient

Positive Emotions

Engagement

Relationships

Meaning

Accomplishment



Conclusion

G.O.L.D
Growing Older;
Living Deeper

Lives A
Flourishing Life

