

iWalk 2022 FAQs

Overview

1. What is iWalk 2022?

Held annually, iWalk is SingHealth Community Hospital's (SCH) signature event which brings together our friends, families and their communities in support of our patients through the SCH Health Fund.

We hope to encourage our participants to kick-start their fitness journey – even with just a simple walk. With distance challenges of varying difficulties, and a newly added cycling category, iWalk has something for everyone!

Your participation in iWalk supports our patients through the SCH Health Fund and goes towards making a big difference in the lives of our patients beyond hospital to the community.

The SCH Health Fund helps bridge the gap for patients who require interim financial assistance, as well as supporting clinical care, research and education, community health and other patient-related programmes.

All donations to the SCH Health Fund are managed by the SingHealth Fund (SHF), an institution of Public Character (UEN 201624016E).

Registration

1. Who can register for the event?

Participants of all ages are welcome to join us!

2. When is the registration period?

Registrations starts from 14 September 2022 till 30 November 2022.

3. When is the event happening?

iWalk will happen from 11 November 2022, 0000hr to 16 December 2022, 2359hr.

4. What are the categories that I can join?

You can join either the Walk/Run or Cycle category.

You may sign up for both categories (registration fees will apply twice).

5. I've signed up for one of the category. What are the challenges I can join?

Individual Challenge

Unlock milestones and earn e-badges by completing the required distances (Walk/Run: 5km, 10km, 20km, 30km, 50km; Cycle: 10km, 20km, 50km, 100km, 200km) within the event period.

1. Prizes are applicable for the top 3 individuals with the longest cumulative distance for each respective category.

Team Challenge

Step up to the challenge by forming a team of 2-5 members!

Participants will need to register for either the walk/run or cycle category in order to form a team.

1. Participants who join a team will automatically be included in the team challenge (and removed from any individual challenge)
2. All team members will have to join the same category (Either Walk/Run or Cycle)
3. Team Challenge Prizes are applicable for the top 3 complete teams with longest cumulative distance for respective categories.

6. How do I register for the event?

You can register for the event on the 42Race website or 42Race mobile application. Participants are required to use the 42Race website and/or mobile app for result submissions during the clock-in period.

New users of 42Race will be required to sign up and create an account. For existing 42Race users, you can log in and select iWalk 2022 under the "Events" tab.

Next, select the race category you wish to participate in, check your details and complete payment. Now, you are registered and ready to go!

7. How do I create or join a team?

Every participant will have to register and sign up for iWalk 2022 via the 42Race app/website.

After registering, create or join an existing team to participate in the Team Challenge. After creating your team, you may invite your friend to join your team using an invite link.

Distance Challenges Prizes

1. Who are eligible for the distance challenges prizes?

Individual Challenge (for both Walk/Run or Cycle Category): All iWalk participants who successfully signed up are eligible for the individual challenge prizes. The participant cannot be part of a team.

Team Challenge (for both Walk/Run or Cycle Category): iWalk participants who have successfully form a team of 2-5 members are eligible for the team challenge prizes. They will be automatically excluded from the individual challenge.

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2. Can I win both the individual challenge prizes and team challenge prizes?

No, you can only participate in either the individual challenge or the team challenge in your respective category.

Participants can only win prizes from either the individual challenge or the team challenge. All participants who join a team will be automatically be enrolled in the team challenge and excluded from all individual challenges.

3. How are the winners determined?

Individual Challenge

Top 3 individuals of the respective category will be determined by the longest cumulative distance clocked by the individual, as determined by race officials from 42Race. The individual cannot be part of any team.

Team Challenge

Top 3 complete teams of the respective category will be determined by the longest cumulative distance clocked by all the members of the team, as determined by race officials from 42Race.

4. What are the prizes?

Please refer to “Individual Challenge” and “Team Challenge” section respectively on our 42race sign up page.

Photo Contest Prizes

1. Who are eligible for the photo contests?

All iWalk participants can participate in our photo contests.

2. How can I participate in the photo contests?

There are three photo contest categories you can take part in. Refer our 42race page for the rules, strike your best poses and upload to our Instagram @SingHealthCH to register your entry!

3. Can I participate in all 3 photo contests?

Yes, you can participate and submit your entries in all 3 photo contest categories – [insert names of categories] – during their respective qualifying period. Please note that each iWalk participant can only win one photo contest category.

4. How are the winners determined? Can I win more than 1 photo contest?

The winning photo(s) will be selected based on the highest number of likes on the post. Your account has to be set to Public for us to view the post. Each iWalk participant can only win 1 photo contest out the 3 photo contests.

5. What happens I have the photo with the most likes for all three categories?

Each iWalk participant can only win 1 photo contest. You will win for the contest which your post has garnered the highest number of likes amongst all your entries. For the other contest(s), it will go to the first runner-up.

6. I'm interested to join the photo contest – “Best iWalk Pose”, do all 5 of us need to be iWalk participants? Do all of us need to be in the same team?

Yes, all 5 of you will have to be iWalk 2022 participants. All of you do not need to be in the same team.

7. What are the prizes?

Please refer to “Photo Contest” section on our 42race sign up page.

8. Where will the winners be announced?

The winners will be announced on our Instagram Page @SingHealthCH.

Event Entitlements/Merchandise

1. What will I receive when I sign up for iWalk 2022?

All iWalk participants will receive an iWalk 2022 Event Shirt.

2. What are the add-on merchandise I can purchase?

You can purchase our exclusive iWalk Cap (Beige/Black), iWalk Shoe Bag or an additional iWalk 2022 Event Shirt.

3. When will I receive the race entitlements/merchandise?

For registration before 4 November 2022, all Race entitlements (iWalk 2022 Event Shirt) and purchased merchandise will be mailed to you by 11 November 2022.

For registration after 4 November 2022, all Race entitlements (iWalk 2022 Event Shirt) and purchased merchandise will be mailed to you within 7-10 working days.

The Entitlements will be mailed to the shipping address provided during registration.