



SGH ENT FORTNIGHT 2018

3 - 20 AUG 2018

6th Sleep Apnea Surgery Course (In Conjunction with Singapore Sleep Conference)

Day 1, Friday, 3 August 2018

Lectures – Academia, Level 3 Atrium

Dissection – Academia, Basement 1, Procedural Skills Lab

Time	Programme	Speaker
0745 – 0815	Registration	
0815 – 0830	Welcome Address	Dr Toh Song Tar
(Plenary) Personalized Medicine in OSA		Chairperson: Dr Leow Leong Chai / Dr Toh Song Tar
0830 – 0915	OSA : Not just an overcrowded airway - Insights into pathogenesis of OSA	Dr Kate Sutherland
0915 – 0930	Q&A	
0930 – 0945	Tea Break	
Lectures: Updates in OSA Chairperson: Dr Mok YingJuan/ Dr Alvin Tan Level 3, Atrium		Lectures: Updates in Paediatric OSA Chairperson: Dr Daniel Ng /Prof Henry Tan Level 2, White Space
0945 – 1015	Personalized treatment for OSA – Targeted therapy and Predicting Outcomes By Dr Kate Sutherland	Paediatric Sleep Disordered Breathing: present and future By Dr Daniel Ng
1015 – 1045	Telemedicine in the Management of OSA By Dr Teofilo Lee Chiong	Surgical Management of Paediatric OSA: What works and What's New? By Dr Chan Ching Yee
1045 – 1115	Novel methods to improve CPAP adherence By A/Prof Mark Aloia	NIV in Paediatrics: Indications and Challenges By Dr Arun Pugalenthil
1115 – 1145	Oral Appliances in the Management of Snoring and OSA By Dr Mimi Yow	Sleep Disturbances in an atopic child By A/Prof Anne Goh
1145 – 1200	Q&A	
1200 – 1245	Lunch	



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FORTNIGHT 2018

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Day 1, Friday, 3 August 2018 (cont'd)

Lectures – Academia, Academia, Level 3 Atrium
Dissection – Academia, Basement 1, Procedural Skills Lab

Lectures: Updates in OSA		Chairperson: Dr Hsu Pon Poh / Dr Ong Thun How
1245 - 1330	Hypoglossal Stimulation Updates	A/Prof Clemens Heiser
1330 - 1400	Epidemiology and Awareness of OSA in Singapore	Dr Adeline Tan
1400 - 1430	Updates in the Management of Positional OSA	Dr Mok Yingjuan
1430 - 1500	Screening for silent CAD in OSA patients – Justified or Not?	A/Prof Tan Swee Yaw
1500 - 1515	Q&A	
1515 - 1530	Tea Break	
Practical Workshop		
1530 – 1800	PSG Workshop	



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6th Sleep Apnea Surgery Course (In Conjunction with Singapore Sleep Conference)

Day 2, Saturday, 4 August 2018

Lectures – Academia, Level 2, L2-S3/S4

Dissection – Academia, Basement 1, Procedural Skills Lab

Time	Programme	Speaker
0730 – 0800	Registration	
0800 – 0830	Holistic Management of OSA	Dr Toh Song Tar
Lectures: Surgical Management Overview and Assessment		Chairperson: Dr Ignatius Mark / Dr Hsu Pon Poh
0830 – 0900	Surgical Management of OSA - An overview	Prof Nico De Vries
0900 – 0920	Clinical Examination in OSA – What to look out for?	A/Prof Clemens Heiser
0920 – 0940	Sleep Endoscopy in Surgical Planning and Prognostication	Dr Chong Khai Beng
0940 – 1000	Tea Break	
Lectures: Surgical Sites Evaluation and Surgical Techniques		Chairperson: Dr Chong Khai Beng / Dr Terry Tan
1000 – 1020	Nasal Evaluation and Surgical Techniques	Dr Vikas Agrawal
1020 – 1040	Palatal Surgery : From Ablation to Reconstruction	Dr Paul Mok
1040 – 1100	Minimally Invasive Palate and Tongue Procedure	Dr Alvin Tan
1100 – 1120	Tongue Reduction using Coblation: When and How?	Dr Srinivas Kishore
1120 – 1140	Transoral Robotic Tongue Reduction: Da Vinci or Flex?	Dr Umamaheswar Duvvuri
1140 – 1200	Perioperative management of OSA patients for Sleep Surgery	Dr Phua Chu Qin
1200 – 1220	Positional therapy for OSA : Primary therapy and Post-OSA surgery	Prof Nico De Vries
1220 – 1300	Lunch	
1300 – 1700	Surgical Demonstration and Dissection	



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6th Sleep Apnea Surgery Course (In Conjunction with Singapore Sleep Conference)

Day 2, Saturday, 4 August 2018 (cont'd)

Lectures – Academia, Level 2, L2-S3/S4

Dissection – Academia, Basement 1, Procedural Skills Lab

Surgical Demonstration and Dissection		Dr Phua Chu Qin
Nasal Surgery	Minimally Invasive Turbinate Surgery	Dr Terry Tan
	Inferior Turbinoplasty (Microdebrider Assisted)	Dr Terry Tan
	Nasal Valve Suspension Suture	Dr Toh Song Tar
	Salphingopharyngeal Fold Reduction	Dr Vikas Agrawal
Tongue Reduction	Coblation Tongue Chanelling	Dr Shaun Loh
	Midline glossectomy and tongue reduction	Dr Vikas Agrawal Dr Srinivas Kishore
	Medrobotic Flex Transoral Tongue base reduction	Dr Umamaheswar Duvvuri Dr Toh Song Tar
Palatal Surgery	Radiofrequency soft palate	Dr Soon Sue Rene
	Barbed Pharyngoplasty	Dr Chong Khai Beng
	Palatal Surgery: How I do it	A/Prof Clemens Heiser Prof Nico De Vries Dr Vikas Agrawal Dr Shintaro Ciba Dr Srinivas Kishore



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FORTNIGHT 2018

3 - 20 AUG 2018

6th Sleep Apnea Surgery Course (In Conjunction with Singapore Sleep Conference)

Day 3, Sunday, 5 August 2018

Lectures – Academia, Level 2, L2-S3/S4

Dissection – Academia, Basement 1, Procedural Skills Lab

Time	Programme	Speaker
Lectures: Surgical Sites Evaluation and Surgical Technique		Chairperson: Dr Crystal Cheong / Dr Lau Hung Tuan
0800 – 0820	Genioplasty for OSA : How I do it	Dr Han Hong Juan
0820 – 0840	Hyoid Suspension	Prof Nico De Vries
0840 – 0900	Maxillomandibular advancement for OSA	Dr Clement Lin
0900 – 0920	Hypoglossal nerve stimulation	A/Prof Clemens Heiser
0920 – 1000	Tea Break	

Panel Discussion 1000 – 1100

Chairperson: Dr Toh Song Tar /Dr Hsu Pon Poh

Prof Nico De Vries, A/Prof Clemens Heiser, Dr Vikas Agrawal, Dr Paul Mok,
Dr Chong Khai Beng, Dr Terry Tan, Dr Goh Yau Hong

1100 – 1300	Surgical Demonstration and Dissection
1300 – 1400	Lunch
1400 – 1700	Surgical Demonstration and Dissection

Surgical Demonstration and Dissection		Dr Phua Chu Qin
Genioplasty	Dr Han Hong Juan/ Dr Clement Lin/ Dr Shaun Loh	
Hyoid suspension	Prof Nico De Vries	
MMA	Dr Clement Lin/ Dr Shaun Loh / Dr William Lim	
Hypoglossal Nerve Stimulation	A/Prof Clemens Heiser	

Dissection Booklet: Dr Phua Chu Qin