

World Sleep Day 2023

General Practitioner & Health Professionals Webinar

Sleep is Essential For Health

Sleep is essential for health. In conjunction with World Sleep Day 2023, join our healthcare professionals as they share more about cognitive behavioural therapy for insomnia, obstructive sleep apnoea in women and children, and dental & skeletal management of obstructive sleep apnoea.

Programme



Cognitive Behavioural Therapy for Insomnia

Ms Constance Png Ai Li

Senior Principal Clinical Psychologist, Clinical Psychology
Changi General Hospital



Obstructive Sleep Apnoea in Women

Dr John Loh Ming Ren

Associate Consultant, Otolaryngology, Head & Neck Surgery
Changi General Hospital



Dental & Skeletal Management of Obstructive Sleep Apnoea

Dr Tan Mei Hui

Consultant, Oral Maxillofacial Surgery
National Dental Centre Singapore



Paediatric Obstructive Sleep Apnoea

Dr Lynn Koh Huiting

Senior Consultant, Paediatric Otolaryngology
KK Women's and Children's Hospital

Join us on
25 March 2023
(Saturday),
2pm to 4pm,
via Zoom!

(limited to first 500 attendees)
(SMC CME points eligible for doctors)



Scan the QR code to register
or visit <https://for.sg/wsd2023pro>

For queries about the
webinar, please visit
<https://for.sg/queries>

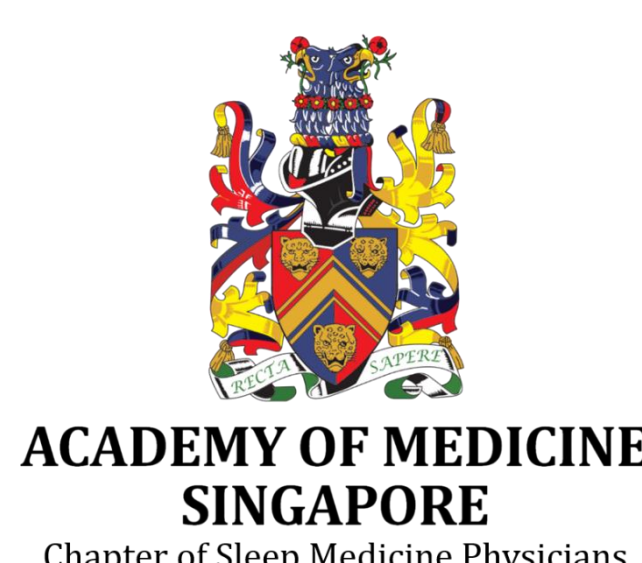
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