

CANCER SUPPORTIVE & SURVIVORSHIP CARE SYMPOSIUM 2022

SYNERGY IN SUPPORTIVE & SURVIVORSHIP CARE

10TH DECEMBER 2022

Transition to a new way of life after cancer treatment can be challenging for many patients, as undesired effects of cancer and its treatment can still occur. Engaging a multi-disciplinary team to provide holistic supportive & survivorship care from the hospital to the community can provide a smoother transition for patients and their families.

Themed “*Synergy in Supportive & Survivorship Care*”, this year’s symposium emphasizes the need for patients, their caregivers, healthcare professionals and wider community to work together to better support the needs of cancer survivors.

SESSION 1



Healthcare Professionals Series: 9.00am – 12.30pm (Hybrid)

Sexual Health

Sexual health in women:
- Overview on sexual response cycle and female sexual dysfunction
- Practice tips on addressing sexual issues in women

Dr Jean-Jasmin Lee
Consultant
Family Medicine Service
KK Women’s and Children’s Hospital

How cancer affects sexuality in women:

- Enhancing sexual health post cancer in women:
Pharmaco & non-pharmaco options

Clin Assoc Prof Ang Seng Bin
Head, Menopause Unit
Senior Consultant
Family Medicine Service
KK Women’s and Children’s Hospital

Complementary & Integrative Medicine

TCM in cancer care

Mr Chan Zhi Hao
Attending Physician & Supervisor
Singapore Thong Chai Medical Institution
(Bukit Batok)

Integrative medicine in cancer care

A/Prof Judith Lacey
Head of Supportive Care
Chris O’Brien LifeHouse

Empowering Cancer Survivors

Health Coaching for a newly-diagnosed patient – a pilot study

Ms Neela d/o Natesan
Nurse Clinician
Division of Supportive & Palliative Care
National Cancer Centre Singapore

SESSION 2



Patients & Caregivers Series: 2.00pm – 4.00pm (Webinar)

Cancer Screening

Dr Kennedy Ng Yao Yi
Associate Consultant
Division of Medical Oncology
National Cancer Centre Singapore

Traditional Chinese Medicine: Food Therapy for Cancer Patients

Mr Ricky Ang
Pharmacy Practice Manager
Oncology Pharmacy
National Cancer Centre Singapore

Chemo Fog: What is it & how to manage it?

Ms Tong Jun Fang, Sandy
Psychologist
Department of Psychosocial Oncology
National Cancer Centre Singapore

Exercise for the Management of Side Effects among Cancer Survivors

Ms Aw Hui Zhen
Physiotherapist
Singapore Cancer Society

Registration is free.
CME / CPE points will be awarded for Session 1.

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