

Information on ESTHER Coaches' Workshop

Orientation Date:	10 – 12pm, Thursday, 18 April
Training Dates:	25 April, 2 May, 23 May (TBC) (Thursdays, 9am-6pm)
Project Development Meetings:	July and Oct 2024 (Half Day session, dates to be confirmed)
Graduation Ceremony:	March/April 2025 (Dates to be confirmed)
Venue:	National Heart Centre Singapore & Outram Community Hospital
Course Fee:	\$700

Workshop overview:

This workshop will introduce to the trainees person-centred philosophy, ESTHER Network, a person-centred model in SingHealth, as well as tools to design, develop and implement person-centred improvement projects.

At the end of the course, in their respective working context, all trainees are expected to work in groups and collaboratively lead a team to develop and implement a person-centred improvement project with support from their appointed project facilitators over six to nine months.

After the workshop:

HODs in participating institutions function as project sponsors to grant time and support trainees in their project implementation. Project teams are required to attend and present at two project development meetings. The course will culminate in a showcase of project posters during the graduation ceremony. Shortlisted projects will be invited for oral presentations.

This training programme will equip trainees to:

- Articulate and practise the principles of person-centredness
- Co-produce person-centred improvement work with the patients and/or caregivers
- Identify the stakeholders and positively influence stakeholders to achieve the goals
- Lead and coach a person-centred improvement team
- Utilize appropriate tools to design and develop the person-centred projects

Participants should possess these pre-requisites:

- Have direct patient/client contact in their area of work
- Is a team leader and/or in middle management
- Have attended EPIC/Quality Improvement (QI) training (Participants without QI training will need to attend an additional one-day QI training organised by SingHealth Duke-NUS Institute of Patient Safety and Quality)
- Have allocated hours away from the clinic duties to complete the project

Please register via FORMsg: <https://form.gov.sg/651d2cff435c2700129378a9>

***Participants should be nominated by HOD to attend this workshop. HOD is required to be listed as the project sponsors. Nomination of candidates will close before **8 March 2024**. Successful applicants of ESTHER Coach workshop will receive a confirmation email by **first week of April 2024**.*

Please contact any of the following colleagues should there be further queries:

- Jelvin Sim at jelvin.sim.t.k@singhealth.com.sg (Tel: 9116 8099)