

Dear MCST/MA,

Greetings from SingHealth! 😊

We are excited to have been assigned by the Ministry of Health to be the Regional Health Manager of Eastern Singapore. With our network of public acute hospitals, national specialty centres, community hospitals, polyclinics and community partners, we seek to enable our residents to keep well, get well and live well.

Healthier SG (HSG) is a national initiative focusing on preventive health. Enrolled residents enjoy a free personalised health plan consultation with their preferred HSG GP clinic or Polyclinic. More information on Healthier SG can be found via <https://www.healthiersg.gov.sg>. SingHealth's Health Buddy app complements our polyclinics and GPs to support our residents in their journey to better health.

We would appreciate your support to reach out to residents in your private housing area.

We have attached 6 copies of printed posters that can be placed at Lift Lobby boards. We are happy to provide a soft copy version too if you wish. (Kindly note that only the poster is for dissemination. This letter is for MCST's information and reference.)

Residents can scan the QR code in the poster to register for FREE HealthXchange e-newsletter that provides useful health tips and information about pertinent health issues.

Should you require more printed posters and/or for any further queries relating to this material, please contact Ryan See - ryan.see.c.k@singhealth.com.sg and Nur Syazwana, nur.syazwana.b.s@singhealth.com.sg from Regional Health Systems Operations, SingHealth.

We thank you for your support in advance and look forward to your partnership and positive response in this important initiative for our nation's health!

Yours sincerely,



Eric Chen, Director
Regional Health System Operations, SingHealth