

# Sleep Centre

# Inspire for Sleep Apnoea



## Clinical Sites:



Singapore  
General Hospital  
SingHealth



Changi  
General Hospital  
SingHealth



Sengkang  
General Hospital  
SingHealth



KK Women's and  
Children's Hospital  
SingHealth

## No mask. No hose. Just sleep.™

Inspire is the only FDA-approved obstructive sleep apnoea treatment that works inside your body to treat the root cause of sleep apnoea with just the click of a button.

### How It Works

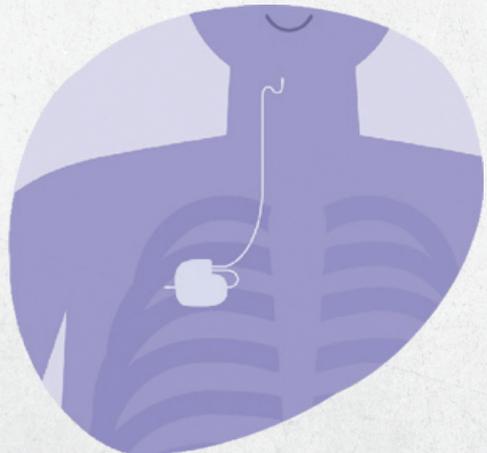
Inspire works inside your body while you sleep. It is a small device placed during a same-day, outpatient procedure. When you are ready for bed, simply click the remote to turn Inspire on. While you sleep, Inspire opens your airway, allowing you to breathe normally and sleep peacefully.



Inspire Sleep Remote

### You May Be a Candidate for Inspire If:

- You have moderate-to-severe obstructive sleep apnoea
- You are unable to use or get consistent benefit from continuous positive airway pressure (CPAP) therapy
- You are not significantly obese
- You are over the age of 18



## Why Choose Inspire?

Here are some reasons people like you have chosen Inspire to treat their sleep apnoea.



### Alternative to CPAP

Inspire treats the root cause of sleep apnoea by applying gentle stimulation to key airway muscles during sleep, allowing you to breathe normally, and more importantly, sleep without a mask, hose or machine.



### Proven Procedure

Inspire is placed under the skin of the neck and chest during a short outpatient procedure. After healing, Inspire is turned on and you will be ready to get the sleep you have been dreaming of.



### FDA-Approved

Inspire was FDA-approved in 2014 and has been proven both safe and effective in multiple clinical studies. It is the only FDA-approved obstructive sleep apnoea treatment that works inside the body with just the click of a button.

## Patient Outcomes

Inspire is safe, clinically proven, and FDA-approved.



**90%**

of bed partners report no snoring or soft snoring.<sup>1</sup>



**79%**

reduction in sleep apnoea events.<sup>1</sup>



**94%**

of people are satisfied with Inspire.<sup>2</sup>



**96%**

of Inspire patients say Inspire is better than CPAP and would recommend Inspire to others.<sup>2</sup>

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Singapore  
General Hospital  
SingHealth

### Sleep Centre

Outram Community Hospital  
SingHealth Tower, Level 3

- 📍 10 Hospital Boulevard, Singapore 168582
- ☎ 6321 4377
- 🌐 [www.sgh.com.sg](http://www.sgh.com.sg)



Sengkang  
General Hospital  
SingHealth

### Sleep Medicine Service - Sleep Diagnostics

Medical Centre, Level 6

- 📍 110 Sengkang East Way, Singapore 544886
- ☎ 6930 6000
- 🌐 [www.skh.com.sg](http://www.skh.com.sg)



Changi  
General Hospital  
SingHealth

### Changi Sleep & Assisted Ventilation Centre

Medical Centre, Level 2

### Sleep Laboratory

Integrated Building, Level 8, Ward 58

- 📍 2 Simei Street 3, Singapore 529889
- ☎ 6850 3333
- 🌐 [www.cgh.com.sg](http://www.cgh.com.sg)



KK Women's and  
Children's Hospital  
SingHealth

### Sleep Clinic

Children's Tower, Level 1, Specialist Outpatient Clinic K

- 📍 100 Bukit Timah Road, Singapore 229899
- ☎ 6294 4050
- 🌐 [www.kkh.com.sg](http://www.kkh.com.sg)



Singapore  
General Hospital



Changi  
General Hospital



Sengkang  
General Hospital



KK Women's and  
Children's Hospital



National Cancer  
Centre Singapore



National Dental  
Centre Singapore



National Heart  
Centre Singapore



National  
Neuroscience Institute



Singapore National  
Eye Centre



SingHealth  
Community Hospitals



Polyclinics  
SingHealth

## Learn More: Visit [inspiresleep.com/learn](https://inspiresleep.com/learn)

- See how Inspire works
- Watch short videos answering the most common questions
- Connect with people who have Inspire
- Watch instructional videos on how to use Inspire



Scan the QR  
code to visit  
the page

Inspire is not for everyone. Talk to your doctor about risks, benefits and expectations associated with Inspire. Risks associated with the surgical implant procedure may include infection and temporary tongue weakness. In rare cases tongue paresis and atrophy may occur. Some patients may require post implant adjustments to the system's settings in order to improve effectiveness and ease any initial discomfort they may experience. Important safety information and product manuals can be found at [inspiresleep.com/safety-information](https://inspiresleep.com/safety-information).

1. Woodson et al. 5-Year Outcomes. OTO-HNS, 2018 2. Heiser et al. ADHERE Registry. ERJ, 2019 © Inspire Medical Systems, Inc. 2021. All Rights Reserved. 800 -071-001, Rev H.