

## MEDICATION TRANSLATION

### PARACETAMOL/ANAREX TABLETS

Take \_\_\_ tablets \_\_\_ times a day when required for **fever, headache and bodyache**

### SORE THROAT LOZENGES

Take \_\_\_ tablet to suck \_\_\_ times a day when required for **sore throat**

### SORE THROAT GARGLE

Gargle \_\_\_ ml \_\_\_ times a day when required for **sore throat**

### SORE THROAT SPRAY

Place \_\_\_ sprays into throat \_\_\_ times a day when required for **sore throat**

### FLU TABLET

Take \_\_\_ tablet \_\_\_ times a day when required for **runny nose, itchiness or insomnia**. (This may cause drowsiness)

### COUGH SYRUP

Drink \_\_\_ ml \_\_\_ times a day **when required** for cough

### GASTRIC SYRUP

Drink \_\_\_ ml \_\_\_ times a day **when required** for gastric or stomach pain

### ACETYLCYSTEINE TAB

Take \_\_\_ tablet, dissolve in water and drink \_\_\_ times a day when required for phlegm

**ANTIBIOTIC**

Take \_\_ tablets \_\_ times a day after food. Complete the course to kill the bacteria.

**MDI SALBUTAMOL INHALER**

Inhale \_\_ puff \_\_ times daily when necessary for shortness of breath or wheezing

**HYOSCINE STOMACH CRAMP TABLET**

Take \_\_ tablet \_\_ times a day when required for stomach cramp (This may cause drowsiness)

**DIARRHOEA TABLET (LOPERAMIDE/ LOMOTIL)**

Take \_\_ tablet \_\_ times a day when required for diarrhoea

**CHARCOAL TABLET**

Take \_\_ tablets \_\_ times daily when having diarrhoea, 2 hours apart from other medicines.

**LACTULOSE SYRUP**

Drink \_\_\_\_ ml \_\_\_\_ times a day when required for constipation

**CONSTIPATION TABLET**

Take \_\_ tablets \_\_ times a day when required for constipation

**METOCLOPRAMIDE (NAUSEA/ VOMITING TABLET)**

Take \_\_\_ tablet \_\_\_ times a day when required for nausea or vomiting. Take on empty stomach 30minutes before food (may cause drowsiness)

**PROCHLORPERAZINE (GIDDINESS TABLET)**

Take \_\_\_ tab \_\_\_ times a day when required for giddiness (may cause drowsiness)

**NSAID TABLET (PAIN / SWELLING)**

Take \_\_\_ tablet \_\_\_ times a day after food when required for swelling or pain

**CREAM**

Apply **thinly** \_\_\_ **times daily** over affected skin area

**EYE DROP**

\_\_\_ drop \_\_\_ times daily into affected eye when required. Once opened, please discard 4 weeks from date of opening.

**NASAL DROP**

Use \_\_\_ drop \_\_\_ times daily into affected nostril for \_\_\_ days when required.

**NASAL SPRAY**

Use \_\_\_ spray \_\_\_ times daily into both nostrils

**FAMOTIDINE TABLET**

Take \_\_\_ tablet \_\_\_ times a day when required for gastric

### **OMEPRAZOLE CAPSULE**

Take \_\_ capsule \_\_ times a day 30 minutes before meals when required for gastric

### **METFORMIN TABLET**

Take \_\_ tablets \_\_ times a day after food for blood sugar

### **SULFONYLUREA TABLET**

Take \_\_ tablets \_\_ times a day before food for blood sugar

### **STATIN TABLET**

Take \_\_ tablets every night for cholesterol

### **BLOOD PRESSURE TABLET**

Take \_\_ tablets \_\_ times a day for blood pressure

### **CONTROLLER INHALER (ASTHMA)**

Inhale \_\_ puff \_\_ times a day for asthma. Gargle with water after use.

### **DRUG NAME:**

Take \_\_ tablets \_\_ times a day

These translations are done by well-minded volunteers. Please excuse any minor imperfections :)

