



5th SINGAPORE REHABILITATION CONFERENCE

Integrating Rehabilitation Care: From Hospital to the Community

7 - 8 September 2017 | Academia, SGH Campus

1. Workshop - Redefining Rehabilitation and Dementia

Date : 6 Sep 2017

Time : 9am – 5pm

Venue : Academia, Level 2, L2-S2

Registration Fee : SGD 200 (Early Bird)

(incl. GST) : SGD 220 (Regular)

Training Provider : SGH Postgraduate Allied Health Institute (PGAHI)

2. Synopsis

Rehabilitation in dementia is often perceived to be an uphill task often accompanied with poor outcomes due to a myriad of complex factors. The interplay of these factors such as the progressively deteriorating nature of the dementia disease, the behavioural and psychological symptoms of dementia (BPSD), as well as the social and environmental care issues often result in the misconceptions towards the impact and effectiveness of rehabilitation in dementia.

The primary goal of rehabilitation is to promote the well-being of clients through optimising or maintenance functional abilities. As such, rehabilitation for clients with dementia is through habilitative and compensatory approaches that support the individual to cope with the disease and continue to live a meaningful and engaging life.

This practical and interactive workshop is underpinned by the person-centred approach and aims to equip participants with critical thinking to re-define rehabilitation in dementia and evidence-based knowledge and skills to facilitate the rehabilitation process and develop effective interventions.

3. Learning Objectives & Course Outline

- To re-define rehabilitation in dementia care
- To understand and describe rehabilitative approach to dementia care
- To develop and apply effective rehabilitation strategies in dementia care

	Topics
Part 1	<p>Rehabilitation concepts and objectives in dementia care</p> <ul style="list-style-type: none">• Defining rehabilitation and dementia care• Goals of rehabilitation in dementia care• Types of rehabilitation in dementia
Part 2	<p>Rehabilitative approach to dementia care</p> <ul style="list-style-type: none">• Underlying Philosophy and perspectives• Rehabilitation Principles and themes• Key characteristics



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Part 3	<p>Rehabilitation skills in practice</p> <ul style="list-style-type: none">• Goals and Assessments• Strategies and Interventions• Putting in Action• Case Studies

4. Target Audience (15 -20 pax)

Occupational Therapists working with clients with dementia across the care continuum services, acute hospital, community and step-down care services (day centers, nursing homes, home-based services).

5. Trainer's Profile

Ms. Lim Hwee Er holds a Masters of Health Service Management (University of Sydney) and a Bachelor of Health Sciences (Hons) (OT) (University of Teesside, UK). As an occupational therapist, her years of clinical experience working with older persons of various geriatric/psychogeriatric conditions spans from hospitals to community services including nursing homes, day centers and home-based services. She has vast experience providing consultancy services in planning and implementing specialized services and introduction of innovative tools to improve eldercare services.

As a Diploma in Adult and Continuing Education (DACE) certified trainer, she is involved in the development and implementation of WSQ certified and regular trainings and workshops for professionals, family caregivers and the public on issues related to eldercare and well elderly programs. Motivated and passionate about changing the culture of care for older persons, Hwee Er founded Goshen Consultancy Services Pte Ltd that combines the expertise of innovative clinical and business professionals who has partnered many non-profit organizations and government entities to implement sustainable practices beyond eldercare services. Hwee Er is currently the Director and Occupational Therapist Consultant with Goshen Consultancy Services Pte Ltd.

6. Professional Points

Pending accreditation for CME points.