



## PRE-CONFERENCE WORKSHOP

### SingHealth-Mayo Workshop: Ultrasound-Guided Percutaneous Tenotomy (Tenex) Via Tendinopathy 3D Model

21 Oct 2019 (Mon) | 12.00pm – 5.30pm | Academia, Level B1, PSL

#### ABOUT THE WORKSHOP

This workshop introduces participants to a novel, minimally invasive technique for recalcitrant tendinopathy. The technological basis of phaco-emulsification is now applied to musculoskeletal tissue.

Participants will gain a comprehensive overview of targeting techniques as applied to various anatomical regions of the upper and lower extremities. Hands-on experience during a highly interactive anatomical specimen workshop will introduce and familiarise participants with the technique of percutaneous tenotomy under local anaesthesia.

#### LEARNING OBJECTIVES

- At the end of the workshop, participants will:
- Understand the rationale and indications for ultrasonic percutaneous tenotomy
  - Apply the technique to upper and lower extremity tendinopathy
  - Safely perform ultrasonic percutaneous tenotomy as an MIS technique under ultrasound guidance

To register, email [genyacc@genymedical.com](mailto:genyacc@genymedical.com) or contact Ms Pauline Tan at +65 62253638

#### FACULTY



**Prof Bernard F. Morrey**  
Emeritus Chair  
Department of Orthopaedics  
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**A/Prof Mark E. Morrey**  
Consultant,  
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#### LOCAL FACULTY

**Singapore General Hospital**  
Department of Orthopaedic Surgery

**A/Prof Joyce Koh**  
Senior Consultant

**A/Prof Inderjeet Singh**  
Senior Consultant

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Department of Diagnostic Radiology

**Dr Png Meng Ai**  
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Senior Consultant

**Changi General Hospital**  
Department of Sports and Exercise Medicine

**Dr Chew Tai Loon Kelvin**  
Senior Consultant

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# S3 BEYOND THE NOW: TRANSFORMING HEALTHCARE SIMULATION

Asia's Leading Healthcare Simulation Conference

22 - 25 OCTOBER 2019 | ACADEMIA, SINGAPORE



TIME	PROGRAMME
1200 – 1230	Lunch and Registration
1230 – 1245	<u>Introductory Lecture</u> US Guided Percut Tenotomy for Tendinopathy: Technology, Clinical Outcomes, Applications
1245 – 1300	Ultrasound Diagnostics in Musculoskeletal Pathology
1300 – 1310	Introduction to Hands-On
1310 – 1330	3D Tendinopathy Elbow Model for Simulation in Ultrasound-guided Therapeutics: Introduction & Demo
1330 – 1500	<u>Group A – Demo and Hands-On</u> Tenex for Elbow Lateral and Medial Epicondylitis TX2 for Rotator Cuff Tendinopathy  <u>Group B – Demo and Hands-On</u> Tenex for Patellar Tendinosis, Achilles Tendinosis, Plantar Fasciitis  VR Station: 3D Tendinopathy Elbow Model Hands-On Station
<b>1500 – 1530</b>	<b>BREAK</b>
1530 - 1700	<u>Group A – Demo and Hands-On</u> Tenex for Patellar Tendinosis, Achilles Tendinosis, Plantar Fasciitis  <u>Group B – Demo and Hands-On</u> Tenex for Elbow Lateral and Medial Epicondylitis TX2 for Rotator Cuff Tendinopathy  VR Station: 3D Tendinopathy Elbow Model Hands-On Station
1700 – 1730	<ul style="list-style-type: none"> <li>• Evolving Applications and Case Discussions</li> <li>• Tips and Tricks</li> <li>• Q&amp;A</li> </ul>
1730	END

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