



Postnatal Home Care

What our
patients say:

"As a new mother with no experience, this service has really enlightened me and helped me understand how to take care of my baby and myself."

"Gave me confidence in caring for baby and provided me with knowledge on breastfeeding."

"It is good to engage experienced midwives with good knowledge and skills. It helped us to handle things in a practical manner and improve communication and relationship between parents-in-law and young parents."

"Through this service, I learnt the correct way to bathe and breastfeed my baby, how to comfort my baby and also to look after myself (wound care)."

"Service is excellent. Worth every penny!"

Motherhood is an exciting period in any woman's life. It can also be a time of great emotional and physical change, especially for new mothers. Postnatal Home Care hopes to provide new mothers with the additional support and care after mother and baby are discharged from hospital. Personalised visits to the home by an experienced midwife will equip the new mother with practical skills and knowledge that are a source of comfort and reassurance as she adjusts to the needs of her newborn.

This home service offers postnatal care at an affordable price, giving new mothers convenient and accessible care in the comfort of their own homes.

CHARGES

\$155.00 nett for 3 sessions of 1.5 to 2 hours per session
(Cash payable to midwife on 1st visit)

SERVICES PROVIDED

- Baby-bathing and techniques on baby-feeding
- Advice on:
 - Personal hygiene
 - Diet and nutrition
 - Common newborn conditions such as jaundice, nappy rash, excessive crying, poor feeding
 - When to seek medical attention
 - Immunisation programme
 - Services available in Polyclinics / Private Clinics
- Care of:
 - Perineal / Caesarean wound
 - Umbilical Cord

CALL US

Interested mothers should speak to a nurse before discharge from the hospital. A midwife will contact the mother to arrange for the visit after her discharge. Mothers who have been discharged are welcome to call Silver Connection at 6394 2393 to find out more.

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